The ARCHIVES OF FAMILY MEDICINE is a member of the consortium of AMA journals listed below. The complete text of all AMA journals is available online from Dialog Information Services and Ovid Technologies, Inc.

The Journal of the American Medical Association (JAMA)
Archives of Dermatology
Archives of Facial Plastic Surgery
Archives of Family Medicine
Archives of General Psychiatry
Archives of Internal Medicine
Archives of Neurology
Archives of Ophthalmology
Archives of Otolaryngology-Head & Neck Surgery
Archives of Pathology & Laboratory Medicine
Archives of Pediatrics & Adolescent Medicine
Archives of Surgery

The ARCHIVES OF FAMILY MEDICINE (ISSN 1063-3987) is published monthly by the American Medical Association, 315 N State St, Chicago, IL 60610, and is an official publication of the Association. THE ARCHIVES OF FAMILY MEDICINE reaches more than 40,000 readers in over 40 countries. Periodicals postage paid at Chicago, IL, and at additional mailing offices. GST registration number 12622 5536 RT. Canada Post International Publications Mail (Canadian Distribution) Sales Agreement No. 319600. Printed in the USA.

SUBSCRIPTION RATES—The personal subscription rates for the ARCHIVES OF FAMILY MEDICINE are $95 for 1 year (12 issues) in the United States and US possessions, $145 in the Americas, $95 outside the Americas. Special rates for residents and medical students are available. Address all subscription communications to: Subscribers Services Center, American Medical Association, PO Box 10946, Chicago, IL 60610-0946. Phone: (800) 262-2350 or (312) 464-5831. Fax: (312) 464-5831. E-mail: ama-sub@ama-assn.org. For mailing addresses outside the United States and US possessions, see International Subscription Information.

CHANGE OF ADDRESS—POSTMASTER, send all address changes to ARCHIVES OF FAMILY MEDICINE, c/o Subscribers Services, American Medical Association, 315 N State St, Chicago, IL 60610. Please notify us of address change at least 6 weeks in advance to ensure uninterrupted service. Include both old and new addresses. Recent mailing label, and new ZIP code. For mailing addresses outside the United States and US possessions, see International Subscription Information.

SUBSCRIBER SERVICES—For information about subscribing to any of the AMA publications, change of address, missing issues, or purchasing back issues, please contact Subscribers Services Center, American Medical Association, PO Box 10946, Chicago, IL 60610-0946, or call (800) 262-2350 or (312) 670-SUBS (670-7827) between 8:30 AM and 4:30 PM CST. Fax: (312) 464-5831. E-mail: ama-sub@ama-assn.org. For mailing addresses outside the United States and US possessions, see International Subscription Information.

INTERNATIONAL SUBSCRIPTION INFORMATION—Subscriptions outside the United States and US possessions are served according to geographic region. Please address correspondence to the following 2 offices based on delivery address:

- States and US possessions are served according to geographic region. Please address correspondence to:
  - American Medical Association, PO Box 10946, Chicago, IL 60610-0946
  - PO Box 10946, Chicago, IL 60610-0946

- For delivery outside the Americas, contact Subscription Department, Phone (312) 670-7827. Fax: (312) 464-5831. E-mail: ama-subs@ama-assn.org.

- For bulk reprint orders for distribution by commercial organizations, please contact Reprint Coordinator, 515 N State St, Chicago, IL 60610. Phone: (312) 670-4849. Fax: (312) 670-8787.

- For cooperation with educational organizations, please contact Rhonda Bailey, Permissions Assistant, 515 N State St, Chicago, IL 60610.

- For bulk reprint orders for distribution by educational organizations, please contact Rhonda Bailey, Permissions Assistant, 515 N State St, Chicago, IL 60610. Phone: (312) 670-4849. Fax: (312) 670-8787.

- For advertising orders in limited quantities for distribution by educational organizations, please contact Reprint Coordinator, 515 N State St, Chicago, IL 60610.
Minocycline-Induced Hyperpigmentation of the Tongue
Elizabeth L. Tanzi, MD; Melanie S. Hecker, MD, MBA

LETTERS TO THE EDITOR: CORRESPONDENCE
Depression Management Programs
Allen J. Dietrich, MD

In Reply
David Katzelnick, MD; Gregory Simon, MD; Steven Pearson, MD; Willard Manning, PhD; Kenneth Koba, PhD

Informed Consent for Postfertilization Effects of Hormonal and Surgical Forms of Birth Control for Women
Mark A. Sherfey, MD

In Reply
Joseph B. Stanford, MD, MSPH; Walt Larimore, MD

Health Food Store Recommendations for Breast Cancer Patients
Carolyn Cook Gotay, PhD; Daniella Dumitriu

Author's Comment
Daniella Dumitriu

Efficacy of Nurse Telehealth Care and Peer Support in Augmenting Treatment of Depression in Primary Care
Enid M. Hunkeler, MA; Joel F. Meresman, PhD; William A. Hargreaves, PhD; Bruce Fireman, MS; William H. Berman, PhD; Arlene J. Kirsch, PhD; Jennifer Groebe, LCMH; Stephen W. Hurt, PhD; Patricia Braden; Michael Getzell, MD; Paul A. Feigenbaum, MD; Tiffany Peng, MA; Mark Salzer, PhD
EDITORIAL

Improvement of Outcomes in Chronic Illness
Wayne Katon, MD

ORIGINAL CONTRIBUTIONS

Cost-effectiveness of the Conventional Papanicolaou Test With a New Adjunct to Cytological Screening for Squamous Cell Carcinoma of the Uterine Cervix and Its Precursors
Lynn A. Taylor, MPA;
Sonja V. Sorensen, MPH;
Nancy F. Ray, MS;
Michael T. Halpern, MD, PhD, MPH;
Diane M. Harper, MD, MPH

Editor’s Comment
Marjorie A. Bowman, MD, MPA

Costs of β-Lactam Allergies: Selection and Costs of Antibiotics for Patients With a Reported β-Lactam Allergy
Eric J. MacLaughlin, PharmD;
Joseph J. Saseen, PharmD, BCPS;
Daniel C. Malone, PhD

CLINICAL REVIEW

Management of Nasal Fractures
Brian Rubinstein, MD, MS;
E. Bradley Strong, MD

SPECIAL SELECTION

Update on the Management of Hyperthyroidism and Hypothyroidism
Kenneth A. Woebner, MD, FRCPE

SOAP

Choice of Antihistamines for Urticaria
Brian S. Alper, MD

Is Caffeine a Flavoring Agent in Cola Soft Drinks?
Roland R. Griffiths, PhD;
Ellen M. Vernotica, PhD

Editor’s Comment
Marjorie A. Bowman, MD, MPA
BRIEF REPORTS

Evaluation of Migraineurs' Preferences for Naratriptan Over Conventional First-Line Agents
Charles Powers, MD; Simon Szeto, MD; Dennis Pangtay, MD; Thaddeus Bort, MD; Mark Cervi, MD; Roger Cady, MD

Editor's Comment
Marjorie A. Bowman, MD, MPA

A Pilot Study Examining Patient Response to a Weight Loss Workbook Designed to Be Used in a Family Medicine Outpatient Setting
Barbara S. Lewis, EdD; Sharon D. Montes, MD; Martha Illige-Saucier, MD

DEPARTMENTS

In Other AMA Journals 682

ARCHIVES CME 735

Classified Advertising 765

Index to Advertisers 768

Instructions for Authors—See January 2000 issue, page 94, or visit the Web site at www.archfammed.com

Answers to This Issue's Self-assessment Quiz